



**National Council on Alcoholism and Drug  
Dependence Juneau Affiliate**

## **ANNUAL REPORT**

**42nd Annual Meeting  
September 18, 2010**

**9:00 a.m. - 1:00 p.m.  
NCADD Conference Room  
211 4th St. - Ste. 102 - Juneau, AK 99801**

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## EXECUTIVE DIRECTOR'S COMMENTS

This year, NCADD Juneau is in great shape for a number of reasons. First, we have never had such experienced and qualified staff. A large number of our staff has been with us for many years. You just can't buy that kind of experience. In fact, qualified staff are in short supply in Juneau. The staff is the heart of the program in an agency where each person has a separate grant or goal to achieve. Despite the diversity of the many programs at NCADD, we all support each other. Barbara Blackman has been with us since 1995 and has been the solidifying person at NCADD. I have been here since 2000 as well.

Financially, NCADD is in good shape. We reduced staff and programs about four years ago and concentrated on steadier income sources. We also have a solid rainy day savings account that we have built up over the years.

At the same time, the agency is facing some future dark clouds. One reason we have been so successful in obtaining grants and contracts in the past has been that we can do the same job for less money than the state or city. This may be coming to an end. The cost of health care for our employees is becoming prohibitive due to average annual premium increases of 15%. Our costs have gone up 50% over the last five years. There does not seem to be any letup of these increases. The inability to provide good insurance will only inhibit us from finding qualified staff in the future. Other expenses, such as rent, also rise yearly, while many of our program grant awards have remained flat or have decreased over the past several years.

Despite these problems, we were able to obtain new city funding and a contract with Bartlett Hospital this last year. NCADD has been here for 45 years and we plan on being here for many more to come. Many nonprofit agencies have been under considerable pressure just to survive in recent years. Many have not survived. We have remained viable, however, and we will continue to make significant contributions to the health of our community.

Matt Felix  
Executive Director  
September 13, 2010

## MISSION STATEMENT

The National Council on Alcoholism and Drug Dependence, Juneau Affiliate (NCADD), a 501(c)(3) private nonprofit voluntary health organization, has been providing a wide array of alcohol and other drug education, prevention, intervention, and outreach services since first incorporating in 1965. Our mission is to provide education, information, help and hope in the fight against alcoholism and other drug addictions.

NCADD's goals include:

- Providing information and consultation to all who are involved with the problems of chemical abuse and addictions
- Promoting the common interest in preventing and treating chemical abuse and addictions
- Cooperating and collaborating with agencies interested in community health and welfare
- Promoting education on drug and alcohol issues through all available media
- Eradicating the stigma associated with alcoholism and other addictions
- Advocating for public policy change that will help alleviate Alaska's alcohol and drug problems

## BACKGROUND STATEMENT

### **Brief History**

First incorporated in August 1965 as the Gastineau Council on Alcoholism, NCADD is Juneau's oldest nonprofit corporation. In 1976, NCADD split into two separate agencies, the National Council on Alcoholism, which offered primarily prevention services, and Gastineau Human Services, which provided halfway houses for people re-entering society from prison or from treatment centers. NCADD is a grant-in-aid agency and receives most of its funding from local, state and federal grants and contracts. Beginning as a volunteer organization, we began receiving city funding in the early 1970s and state funding beginning in 1980. Although our services are primarily education and prevention oriented, we have branched out into pretreatment services and now have a multi-year contract to manage the local residential treatment facility.

### **Sources of Support**

**Funding Support.** NCADD is a grant-in-aid agency and most of our operating revenue comes from public grants and contracts, with some fees and occasional private foundation funding. The State of Alaska, and City/Borough of Juneau provide the bulk of NCADD's funding. Most of our services do not generate fees (i.e., prevention information to school youth and general public), and the potentially fee-generating early intervention/pretreatment services we offer are as often as not provided to a population with poor financial resources. Most of the fees we generate cover the costs of providing the services. Our annual operating budget runs from about \$700,000 to \$1,200,000, depending on the funded programs we are able to offer. Grants and contracts provide about 85% of our operating budget, with fees and donations making up the rest. Salaries average about 70% of total budget.

**Volunteer Support.** NCADD contracts with the Corporation for National and Community Service for three AmeriCorps VISTA members, without whom we would be unable to run our programs. This talented and dedicated pool of young adults provides an incalculable service to programs like ours throughout the nation. Additionally, our school based prevention programs require volunteer time from both students and adults, with approximately 5 adult and 5 student volunteers required to facilitate each of

the six overnight retreats offered during the school year, along with professionals who serve as guest speakers (3-4 per retreat).

***In-Kind Support.*** Our various media campaigns receive matching air time or print space from providers with whom we advertise; otherwise our ability to launch these campaigns would be severely limited. Around the annual recovery month activities in which we participate each September, we receive cash donations from other nonprofits so we can offer cash prizes for our sober Poetry Slam, and along with other nonprofits we coordinate donation of theater space, refreshments, etc. from local establishments for other sobriety month activities.

## IMPACT STATEMENT

### Recent Accomplishments

NCADD helped pass a state alcohol tax increase in 2002 and helped pass city tobacco tax increases in 2003 and 2009. These tax increases help fund both local and statewide substance abuse and prevention programs. We were instrumental in firming up Juneau's clean air ordinance. First passed in 2001, the smoke-free restaurant section passed in 2005, and smoke-free bars in 2008.

Other recent accomplishments include:

#### **FY07:**

- Received a Robert Wood Johnson grant to assist with passing the expanded Clean Air Ordinance for Juneau.
- Through a School District grant, began providing drug and alcohol prevention and counseling services at Dzantiki' Heeni Middle School and Project Alert curriculum at Floyd Dryden Middle School.
- Began offering a "Poetry Slam" contest at UAS for the recovering community, through funding from the State Behavioral Health Division. This event continues to be offered annually, with support from other local nonprofits.

#### **FY08:**

- Began receiving SAMHSA funding to conduct town hall meetings on underage drinking and teen drug use.
- Received School District funding for a counselor at Juneau-Douglas High School as well as the middle school.
- Received a 3-year contract from the Division on Juvenile Justice to facilitate drug and alcohol treatment services at Johnson Youth Center.

#### **FY09:**

- Received continued, ongoing School District funding for three counselors - one at each high school and one for the middle schools.
- Received an essential equipment contract, funded by Mental Health Trust, for a computer upgrade to provide more effective outreach and intervention services.
- Participated in the Alaska Meth Education Project by conducting community trainings with other local providers.
- Worked with the School District to coordinate town hall meetings regarding the local Oxycontin epidemic, and helped formulate a new and comprehensive set of school drug policies and procedures.
- Received commendation from Senator Lisa Murkowski on U.S. Senate Floor for achievements by NCADD's VISTA members and the Alaska Teen Institute program.

#### **FY10:**

- With city and state prevention grant support, NCADD recruited SADD and TATU students to help put on a very successful Haunted House, a sober Halloween activity for all ages.
- Began receiving an American Lung Association minigrant to augment TATU (Teens Against Tobacco Use) activities in the schools.
- Received a two-year CBJ contract manage Rainforest Recovery Center (local residential substance abuse treatment center) and in six months brought it back to operational capacity and JCAHO standards.

**FY11:**

- Received a CBJ block grant to help fund formal intervention services in Juneau, and to help support our statewide toll-free helpline.

**Ongoing Projects**

- Offer alcohol & other drug prevention, along with tobacco cessation counseling, in the schools by providing counselors at Juneau's high schools and middle schools.
- Facilitate life-skill-building retreats and other extracurricular activities for at-risk high school youth.
- Facilitate SADD and TATU peer modeling programs in the high schools; these groups make prevention presentation to elementary school students and to the general public at health fairs.
- Employ population-based, policy-focused tobacco prevention and control strategies to promote quitting among adults and young people, to identify/eliminate tobacco-related disparities in specific populations, and to eliminate exposure to secondhand smoke.
- Coordinate EAP services for SEARHC (regional health consortium primarily serving Alaska Native patients) employees and supervisors.
- Provide screening, referral and compliance monitoring for court-ordered adult and adolescent substance abuse offenders.
- Provide state-approved standardized alcohol/drug curricula (ADIS, YADIS) for minor consumers, DUI offenders, as well as tobacco prevention and cessation classes for court-referred youth tobacco violators.
- Operate a toll-free statewide 24-hour helpline that provides intervention, treatment, and family support referrals.
- Provide full multiaxial assessments using DSM-IV and ASAM criteria.
- Provide 18-hour pretreatment groups and continuing care groups.
- Provide formal interventions and formulate a standardized intervention protocol based on current best practice methodologies.
- Advocate for policy change affecting community norms around ATOD use/abuse.
- Provide management services to Rainforest Recovery Center.
- Coordinate services and resource allocation among local social service agencies through regular meetings of Juneau Behavioral Health Providers Consortium.

## PROGRAMS

### **Juneau Alcohol Safety Action Program**

**(\$203,252 FY10; \$205,760 FY11)**

Funded through an ongoing state Behavioral Health grant (\$141,270 in FY10; \$143,760 in FY11), along with program fees (\$61,982 in FY10; \$62,000 in FY11), the Juneau Alcohol Safety Action Program (JASAP) provides screening, referral, and compliance monitoring for court-ordered alcohol/other drug misdemeanants, primarily adults, as well as screening, referral and compliance monitoring for adolescents, mostly minor consuming and tobacco violation cases from District Court. This early intervention program diverts potential chronic substance abuse offenders into education or treatment, while reducing court dockets and probation case rolls in the near term, and ultimately reducing overutilization of health and social service systems. NCADD has been administering this state DHSS program since 1980.

### **School-Based Prevention**

**(\$209,755 FY10; \$219,800 FY11)**

***Student Assistance Program (\$170,460 in FY10; \$181,000 in FY11).*** Renewed annually through the Juneau School District and funded through city general fund and tobacco master settlement funds, this contract allows NCADD to provide three full time substance abuse counselors who serve Juneau's two high schools, the alternative high school, and the two middle schools. These counselors provide assessment, referral, case management and counseling for students, facilitate drug testing, provide support groups for parents, and help organize drug-free extracurricular activities.

***Alaska Teen Institutes (\$17,295 in FY10; \$18,800 in FY11).*** Funded through ongoing city Parks & Recreation's Youth Activity Grants, this program targets the at-risk students of Juneau-Douglas High School's CHOICE (Choosing Healthy Options in Cooperative Education) Program. Six life skill building retreats are facilitated during the school year by NCADD's VISTA members, who recruit adult volunteers and guest speakers for these retreats. Between 30 and 50 students attend each retreat.

***SADD/EUDL (\$20,000 in FY10 & FY11).*** Funded through an ongoing state Juvenile Justice EUDL (Enforcing Underage Drinking Laws) grant, this program facilitates the peer modeling program SADD (Students Against Destructive Decisions) in the high schools. NCADD's VISTA members recruit students who participate in such activities as learning to address the state legislature on underage drinking issues, helping local law enforcement conduct stings and shoulder taps, creating print and radio media campaigns surrounding underage drinking, and planning safe and sober school/youth events, such as proms, Halloween, graduation lockdown, and youth participation in health fairs.

***TATU*** (funded through Tobacco Prevention Program, approximately 25% of Tobacco Prevention Program budget - see below). TATU (Teens Against Tobacco Use) is a peer modeling program in the high schools, funded through a state public health grant and facilitated by NCADD VISTA members. TATU students present smoking prevention to Juneau's elementary school classes, using the infamous pig lungs to bring home the lesson, teach tobacco information classes to kids caught with tobacco products, provide tobacco prevention information at local health fairs, and help facilitate a tobacco cessation class at Rainforest Recovery Center. \$2000 from an American Lung Association minigrant helped fund this program in FY10. This minigrant has been requested again in FY11 but has not yet been awarded.

### **Tobacco Prevention Program**

**(\$117,000 in FY10, 112,500 in FY11)**

Funded through an ongoing state Public Health grant (pass-through master settlement funds), this program seeks to improve Alaskans' health by decreasing death, disability & economic burden caused by

tobacco use and exposure to secondhand smoke through population-based, policy-focused tobacco prevention and control strategies. Goals: prevent initiation of tobacco use among young people; promote quitting among adults and young people; identify/eliminate tobacco-related disparities in specific populations; and eliminate exposure to secondhand smoke. The Juneau project includes the clean air ordinance, TATU in the schools, and for FY11, smoke-free public housing.

**Other Prevention/Early Intervention**

**(\$123,980 in FY10; \$152,340 in FY11)**

***Formal Interventions (\$49,640 in FY11-new program).*** Funded through City & Borough of Juneau Health & Social Services Block Grant Program, this program provides formal interventions for addiction sufferers and their families, using modified Johnson Institute model. A statewide intervention helpline is also provided through this program. Current best practices in intervention services will be researched as well to formulate an updated intervention model for use by other local and regional treatment agencies.

***SEARHC EAP (\$26,200 in FY10 & FY11).*** Through an ongoing contract with SEARHC (Southeast Alaska Regional Health Consortium), NCADD brokers employee assistance program counseling services for SEARHC employees, as well as providing orientations, trainings, and informational brochures to SEARHC employees and supervisors. SEARHC is the regional health provider for Alaska Natives, as well as some Coast Guard and other SEARHC beneficiaries, offering both outpatient and inpatient clinics in several Southeast communities.

***Incarcerated Youth Services-Johnson Youth Center (\$26,000 in FY10; \$6,500 in FY11).*** This multiyear state Juvenile Justice contract will end this fiscal year (FY11), and provides youth assessments, individual and group counseling services, along with facilitation of JYC counselor training by coordinating RADACT trainings offered in Juneau.

***Other Services (\$71,780 in FY10; \$70,000 in FY11).*** NCADD provides state-approved and standardized adult and youth Alcohol and Drug Information Schools (ADIS) for AOD (alcohol & other drug) court-ordered clients, along with a standard tobacco information program (TIS) and a 10-week Hazelden (ASCENT) tobacco cessation program for court-ordered adolescent tobacco violators, and victim impact panel presentations for DUI offenders. An 18-hour pretreatment program is offered for clients who test out as needing less than full-blown treatment but more than ADIS. NCADD also provides full multi-axial chemical dependency assessments using DSM-IV and ASAM criteria, SAP/DOT assessments, individual counseling and continuing care services.

**Rainforest Recovery Center Management**

**(\$119,750 in FY10; \$239,500 in FY11)**

This multi-year contract (current term 1/1/10-12/31/11) through Bartlett Regional Hospital (an enterprise fund of the City & Borough of Juneau) provides management of Rainforest Recovery Center, to include day-to-day operations oversight, personnel (appointment, scheduling, training, performance review, termination), client (occupancy) scheduling, financial oversight and budget planning, fundraising & grant writing, billing & records overhaul-oversight, treatment program updating, interagency service coordination, and community outreach and public relations.

**REVENUE AND EXPENSES**

The following tables give NCADD's operating budgets for FY10 and FY11, first by NCADD program type and then by source of funds, as well as income-expense comparisons.

**Table 1.**

**FY10 AND FY11 REVENUE BY NCADD PROGRAM**

Program Name	FY10 actual			FY11 budget		
	grant	fees	total	grant	fees	total
<b>JASAP</b>	<b>141,270</b>	<b>61,982</b>	<b>203,252</b>	<b>143,760</b>	<b>62,000</b>	<b>205,760</b>
<b>School-Based Prevention</b>						
<i>Student Assistance Program</i>	<i>170,460</i>	<i>0</i>	<i>170,460</i>	<i>181,000</i>	<i>0</i>	<i>181,000</i>
<i>Alaska Teen Institutes</i>	<i>17,295</i>	<i>0</i>	<i>17,295</i>	<i>18,800</i>	<i>0</i>	<i>18,800</i>
<i>SADD/EUDL</i>	<i>20,000</i>	<i>0</i>	<i>20,000</i>	<i>20,000</i>	<i>0</i>	<i>20,000</i>
<i>TATU</i>	<i>2,000</i>	<i>0</i>	<i>2,000</i>	<i>0</i>	<i>0</i>	<i>0</i>
<b>Total School-Based Prevention</b>	<b>209,755</b>	<b>0</b>	<b>209,755</b>	<b>219,800</b>	<b>0</b>	<b>219,800</b>
<b>Tobacco Prevention Program</b>	<b>117,000</b>	<b>0</b>	<b>117,000</b>	<b>112,500</b>	<b>0</b>	<b>112,500</b>
<b>Other Prevention-Early Intervention</b>						
<i>Formal Interventions</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>49,640</i>	<i>0</i>	<i>49,640</i>
<i>SEARHC EAP</i>	<i>26,200</i>	<i>0</i>	<i>26,200</i>	<i>26,200</i>	<i>0</i>	<i>26,200</i>
<i>Incarcerated Youth (JY C)</i>	<i>26,000</i>	<i>0</i>	<i>26,000</i>	<i>6,500</i>	<i>0</i>	<i>6,500</i>
<i>Other Services:</i>						
<i>ADIS/YADIS/VIP</i>	<i>0</i>	<i>34,860</i>	<i>34,860</i>	<i>0</i>	<i>34,500</i>	<i>34,500</i>
<i>TIS/ASCENT</i>	<i>0</i>	<i>3,915</i>	<i>3,915</i>	<i>0</i>	<i>4,000</i>	<i>4,000</i>
<i>Assessments &amp; indiv. cnslg</i>	<i>0</i>	<i>13,690</i>	<i>13,690</i>	<i>0</i>	<i>14,000</i>	<i>14,000</i>
<i>18-hour and continuing care</i>	<i>0</i>	<i>6,075</i>	<i>6,075</i>	<i>0</i>	<i>6,000</i>	<i>6,000</i>
<i>Interventions</i>	<i>0</i>	<i>2,500</i>	<i>2,500</i>	<i>0</i>	<i>4,000</i>	<i>4,000</i>
<i>Other fees (Therapeutic Court pass-through)</i>	<i>0</i>	<i>10,740</i>	<i>10,740</i>	<i>0</i>	<i>7,500</i>	<i>7,500</i>
<b>Total Other Services</b>	<b>0</b>	<b>71,780</b>	<b>71,780</b>	<b>0</b>	<b>70,000</b>	<b>70,000</b>
<b>Total Other Prevention-Early Intervention</b>	<b>52,200</b>	<b>71,780</b>	<b>123,980</b>	<b>82,340</b>	<b>70,000</b>	<b>152,340</b>
<b>Rainforest Recovery Management</b>	<b>119,750</b>	<b>0</b>	<b>119,750</b>	<b>239,500</b>	<b>0</b>	<b>239,500</b>
<b>Miscellaneous Income (dues, donations, etc.)</b>	<b>1,740</b>	<b>6,760</b>	<b>8,500</b>	<b>0</b>	<b>4,000</b>	<b>4,000</b>
<b>GRAND TOTAL</b>	<b>641,715</b>	<b>140,522</b>	<b>782,237</b>	<b>797,900</b>	<b>136,000</b>	<b>933,900</b>

Table 2a.

ANNUAL OPERATING INCOME BY SOURCE OF FUND - FY10 ACTUAL

GRANT & CONTRACT INCOME		Type		Source (Federal is pass-through)				TOTAL
Agency	Program Name	grant	contract	State	Federal	City	Private	
AK DHSS - DBH	JASAP	x		118,270	23,000			141,270
AK DHSS - DPH	Tobacco Prevention	x		117,000				117,000
AK DHSS - DJJ	EUDL-SADD	x			20,000			20,000
AK DHSS - DJJ	Incarcerated Youth-JYC		x		26,000			26,000
AK DOT - AHSO	Media Minigrant	x		1,695				1,695
CB -Parks & Rec	Youth Activ. Grant (ATI)	x				17,295		17,295
CBJ-Juneau Sch Distr	Student Asst. Program		x			170,460		170,460
CBJ-Bartlett Hospital	Rainforest Management		x			119,750		119,750
SEARHC	EAP		x				26,200	26,200
Amer. Cancer Society	TATU Minigrant	x					2,000	2,000
<b>TOTAL GRANTS &amp; CONTRACTS</b>				<b>236,965</b>	<b>69,000</b>	<b>307,505</b>	<b>28,200</b>	<b>641,670</b>
<b>FEES &amp; MISCELLANEOUS INCOME</b>								<b>TOTAL</b>
JASAP Fees								61,982
Alcohol Information School/Victim Impact Fees								34,860
Tobacco Information School/ASCENT Fees								3,915
Assessment & Individual Counseling Fees								13,690
18-hour Pretreatment & Continuing Care								6,075
Intervention Fees								2,500
Other Fees (Therapeutic Court pass-through)								10,740
Miscellaneous Income (Donations, Dues, etc.)								6,760
<b>TOTAL FEES &amp; MISCELLANEOUS INCOME</b>								<b>140,522</b>
<b>GRAND TOTAL</b>								<b>782,192</b>

Table 2b.

ANNUAL OPERATING INCOME BY SOURCE OF FUND - FY11 BUDGET

GRANT & CONTRACT INCOME		Type		Source (Federal is pass-through)				TOTAL
Agency	Program Name	grant	contract	State	Federal	City	Private	
AK DHSS - DBH	JASAP	x		107,820	35,940			143,760
AK DHSS - DPH	Tobacco Prevention	x		112,500				112,500
AK DHSS - DJJ	EU DL-SADD	x			20,000			20,000
AK DHSS - DJJ	Incarcerated Youth-JYC		x		6,500			6,500
CB -Parks & Rec	Youth Activ. Grant (ATI)	x				18,800		18,800
CBJ-Juneau Sch Distr	Student Asst. Program		x			181,000		181,000
CBJ-Bartlett Hospital	Rainforest Management		x			239,500		239,500
CBJ-Block Grants	Formal Interventions	x				49,640		49,640
SEARHC	EAP		x				26,200	26,200
<b>TOTAL GRANTS &amp; CONTRACTS</b>				<b>220,320</b>	<b>62,440</b>	<b>488,940</b>	<b>26,200</b>	<b>797,900</b>
<b>FEES &amp; MISCELLANEOUS INCOME</b>								<b>TOTAL</b>
JASAP Fees								62,000
Alcohol Information School/Victim Impact Fees								34,500
Tobacco Information School/ASCENT Fees								4,000
Assessment & Individual Counseling Fees								14,000
18-hour Pretreatment & Continuing Care								6,000
Intervention Fees								4,000
Other Fees (Therapeutic Court pass-through)								7,500
Miscellaneous Income (Donations, Dues, etc.)								4,000
<b>TOTAL FEES &amp; MISCELLANEOUS INCOME</b>								<b>136,000</b>
<b>GRAND TOTAL</b>								<b>933,900</b>

**Table 3a.**  
**FY10 INCOME-EXPENSE STATEMENT - ACTUAL**

	JASAP	DOT Mini-grant	EUDL-SADD	Inter-vention	Johnson Youth Center	RRC Management	SEARHC EAP	School District	TATU Mini-grant	Tobacco Pre-vention	Youth Activity Grant	ASAP Fees	Other Income	Total
<b>Income</b>	<b>141,270</b>	<b>1,695</b>	<b>20,000</b>	<b>0</b>	<b>26,000</b>	<b>119,750</b>	<b>26,200</b>	<b>170,460</b>	<b>2,000</b>	<b>117,000</b>	<b>17,295</b>	<b>61,982</b>	<b>78,540</b>	<b>782,192</b>
Expense Category														
Salaries & Benefits	103,448	0	3,612	0	14,244	67,978	9,350	154,707	0	76,179	0	61,982	58,102	<b>549,602</b>
Travel	1,382	0	0	0	976	4,139	1,073	3,773	10	5,141	1,005	0	2,918	<b>20,417</b>
Facility	18,453	0	4,118	0	8,740	545	5,440	5,021	80	11,085	7,195	0	9,965	<b>70,641</b>
Supplies	6,149	0	349	0	773	490	430	3,911	1,138	2,692	9,095	0	6,006	<b>31,034</b>
Equipment	1,073	0	0	0	269	0	352	0	0	468	0	0	2,264	<b>4,426</b>
Other Services	10,765	1,695	11,920	0	998	11,475	9,242	3,048	558	21,435	0	0	9,971	<b>81,107</b>
<b>Total Expenses</b>	<b>141,270</b>	<b>1,695</b>	<b>20,000</b>	<b>0</b>	<b>26,000</b>	<b>84,627</b>	<b>25,886</b>	<b>170,460</b>	<b>1,786</b>	<b>117,000</b>	<b>17,295</b>	<b>61,982</b>	<b>89,226</b>	<b>757,227</b>
<b>Net</b>	<b>0</b>	<b>(0)</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>35,123</b>	<b>314</b>	<b>0</b>	<b>214</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>(10,686)</b>	<b>24,965</b>

**Table 3b.**  
**FY11 INCOME-EXPENSE STATEMENT - BUDGET**

	JASAP	DOT Mini-grant	EUDL-SADD	Inter-vention	Johnson Youth Center	RRC Management	SEARHC EAP	School District	TATU Mini-grant	Tobacco Pre-vention	Youth Activity Grant	ASAP Fees	Other Income	Total
<b>Income</b>	<b>143,760</b>	<b>0</b>	<b>20,000</b>	<b>49,640</b>	<b>6,500</b>	<b>239,500</b>	<b>26,200</b>	<b>181,000</b>	<b>0</b>	<b>112,500</b>	<b>18,800</b>	<b>62,000</b>	<b>74,000</b>	<b>933,900</b>
Expense Category														
Salaries & Benefits	96,095	0	3,500	28,660	6,500	214,580	8,720	161,210	0	74,165	0	62,000	42,320	<b>697,750</b>
Travel	2,500	0	0	2,450	0	9,000	0	4,050	0	6,000	800	0	4,475	<b>29,275</b>
Facility	24,495	0	3,700	7,475	0	0	4,300	7,520	0	13,935	6,900	0	11,920	<b>80,245</b>
Supplies	7,750	0	500	1,585	0	0	1,000	5,020	0	2,500	6,500	0	1,480	<b>26,335</b>
Equipment	3,020	0	0	300	0	0	800	0	0	500	0	0	5,405	<b>10,025</b>
Other Services	9,900	0	12,300	9,170	0	15,920	11,380	3,200	0	15,400	4,600	0	8,400	<b>90,270</b>
<b>Total Expenses</b>	<b>143,760</b>	<b>0</b>	<b>20,000</b>	<b>49,640</b>	<b>6,500</b>	<b>239,500</b>	<b>26,200</b>	<b>181,000</b>	<b>0</b>	<b>112,500</b>	<b>18,800</b>	<b>62,000</b>	<b>74,000</b>	<b>933,900</b>
<b>Net</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>



National Council on Alcoholism and Drug Dependence  
Juneau Affiliate

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**Federal Highway Administration**

Term expires 12/31/10

## CURRENT STAFF MEMBERS

### **Barbara Blackman - Administrative Officer.**

NCADD's administrative officer 2003-present, administrative assistant 1995-2003. Barbara is responsible for NCADD's budget management and planning, grant administration, accounting and payroll functions. She compiles and analyses data and writes reports and grants. She manages the office and represents the executive director in his absence. Her prior work includes client billing for Rainforest Recovery Center, administrative support for a major HMO in Seattle, and financial and program support for research grants at the University of Washington. She has a business associate degree from UAS and completed three years toward a bachelor of fine arts at Carnegie-Mellon University.

### **Kathi Davis - JASAP Records Clerk.**

NCADD's JASAP records clerk since October 2006. Kathi maintains our database of court-ordered clients to insure that all compliance requirements are met, and coordinates with referral agencies on progress reports. She schedules appointments and classes, is in charge of JASAP client billing, and assists with screenings. Prior to coming to NCADD, Kathi was an insurance billing specialist at Bartlett Hospital, provided administrative support to Rainforest Recovery Center management, and for three years served as a tobacco enforcement investigator for the State public health division, performing statewide compliance checks. She has an associate degree in criminal justice from Everett Community College in Washington.

### **Matt Felix - Executive Director.**

NCADD's executive director since August 2000. Matt provides executive, fiscal and program oversight to NCADD, including program development, staffing, funding, and service coordination both locally and statewide. He has served for many years as president of the Alaska Addiction Professionals Association and is a member of the Alaska Behavioral Health Certification Board. Beginning in January 2010 he began managing Rainforest Recovery Center as part of a multi-year contract with Bartlett Regional Hospital. Matt has 39 years experience in alcohol and other drug prevention & treatment, including direct counseling (7+ years), directing treatment programs (15+ years), running county and state agencies (11+ years), directing nonprofits (10+ years) and serving as adjunct professor and guest lecturer at University of Alaska Southeast and University of Nevada, Reno (3+ years). Matt holds an MS in rehabilitation counseling and a bachelor of arts in psychology from the University of Arizona.

### **Kara Fortney - Retreat VISTA.**

NCADD's AmeriCorps VISTA retreat specialist since July 2010. Kara plans and facilitates 5-6 retreats provided each year for at-risk students at Juneau-Douglas High School. She also coordinates Students Against Destructive Decisions (SADD), an anti-underage drinking peer modeling student organization that advocates for policy change, plans activities for and designs media ads for safe and sober school events, and participates in stings and shoulder taps to help stop liquor sales to minors. While in college, Kara participated in numerous volunteer community service projects serving disadvantaged families, helping prevent college binge drinking, Great American Smokeout, fundraising for American Cancer Society, etc. Kara holds a BS in community health education from Western Michigan University.

### **Michael Gainer - Media VISTA.**

NCADD's VISTA media specialist since July 2009. This is Mike's second year with NCADD and he has designed NCADD's new website and logo, as well as creating our brochures and designing media campaigns. Before moving to Juneau, Mike held various writing and editing positions for newspapers in the greater Philadelphia area. He holds an MA in history and BA in journalism, both from Temple University in Philadelphia.

**Wendy Hamilton - Tobacco Prevention Program Coordinator.**

NCADD's tobacco prevention program coordinator since November 2006. Before that she was NCADD's Therapeutic Court Coordinator for two years. Wendy was instrumental in getting Juneau's Clean Air Ordinance passed in 200, and her current focus is smoke-free public housing. She also oversees NCADD's TATU program in the schools and conducts adult ADIS classes for clients referred by the court. Before coming to NCADD, Wendy was a criminal justice technician with the State Department of Corrections, and was self-employed in the health care field for many years. Wendy holds a bachelor's in human services from University of Alaska, Anchorage. She is also both state- and nationally-certified as a level II chemical dependency counselor.

**Audra Henderson - School Drug and Alcohol Counselor.**

NCADD's Middle School Drug and Alcohol Counselor since September 2008. Audra provides counseling services to teens and parents, drug and alcohol prevention and education presentations, smoking cessation support, and Project Alert curriculum at Juneau's two middle schools and the alternative high school. Before coming to NCADD, Audra served as a substitute teacher, camp counselor and scout program director, and was self-employed in the health care field. Audra holds a BA in communications from Pennsylvania State University.

**Heather Kroll - School Drug and Alcohol Counselor.**

NCADD's Thunder Mountain High School Drug and Alcohol Counselor. Just hired this month (September 2010), Heather is NCADD's newest employee. Heather will provide counseling services to teens and parents, drug and alcohol prevention and education presentations, smoking cessation support, and drug-free event coordination at TMHS. Prior to coming to NCADD, Heather served as case manager/behavioral health associate for Juneau Youth Services for four years, and held various administrative posts at local health care providers. She has also been a preschool teacher. She is currently working toward a BS in social sciences and has completed the requirements for a state-certified Chemical Dependency Counselor I.

**Jan Mesdag Church. Quality Assurance Officer, Rainforest Recovery Center.**

NCADD's quality assurance officer for RRC since January 2010. Jan is responsible for insuring that client charts meet JCAHO, Medicaid and other third party billing requirements, and that all data are entered into state AK-AIMS system to insure that government funding requirements are met. Jan has also been a counselor at RRC since September 1999. Prior to that Jan was a prevention specialist at NCADD, a contract clinical associate with the city working with SED children, and a community work service coordinator and corrections officer with the state. She helped start the CWS program, as well as Johnson Youth Center, in the early 1980s. Jan holds a MSW from Walla Walla College, College Place, WA, and a BA from Seattle Pacific University.

**Robina Moyer - TATU VISTA.**

NCADD's TATU VISTA. Robina is responsible the TATU (Teens Against Tobacco Use) program in the high schools - a peer modeling program that makes tobacco prevention presentations in Juneau elementary schools, at health fairs, and at the local residential treatment facility. Robina also coordinates smoking prevention events like the Great American Smokeout, helps with school retreats and other prevention activities at NCADD. While in college, Robina participated in numerous services projects, and served as program manager for Boston University Community Service Center. Robina holds a BA in archeology from Boston University.

**Beverly Mueller - Substance Abuse Counselor.**

NCADD's substance abuse counselor since 2002. She was our senior services coordinator for 2002-2007 through an ongoing State DHSS grant, and since then has provided assessments, intervention services, individual counseling, education and pretreatment groups, as well as conducting community trainings for

the AK Meth Education Project and giving presentations to employers and the public. She conducts Youth ADIS classes for teens referred by the courts. She has been a state-certified chemical dependency counselor for 20 years, working at Tongass Community Counseling Center and Lakeside-Milam Recovery Centers before joining NCADD. Bev is state-certified at level II and nationally at level I as a chemical dependency counselor.

**Cyndie Ford Purdy, LPC, NCC, MAC, SAP, SAE - Program Director, Rainforest Recovery Center.**

Through NCADD's management contract with Bartlett Hospital, Cyndie is responsible for day-to-day running of RRC, a 16-bed regional residential treatment facility, including admissions, clinical oversight, staffing, program development, grant and budget administration. Cyndie came on in August 2010; however she previously served as Rainforest's program director in 2007, and from 2000 to 2006 she served as Rainforest's clinical services coordinator. She has been in private practice for many years. Cyndie holds an MA in community/agency counseling from Western Carolina University, a BA in psychology from Arizona State University, and has numerous professional licenses and affiliations.

**Walt Sisikin - JASAP Administrator.**

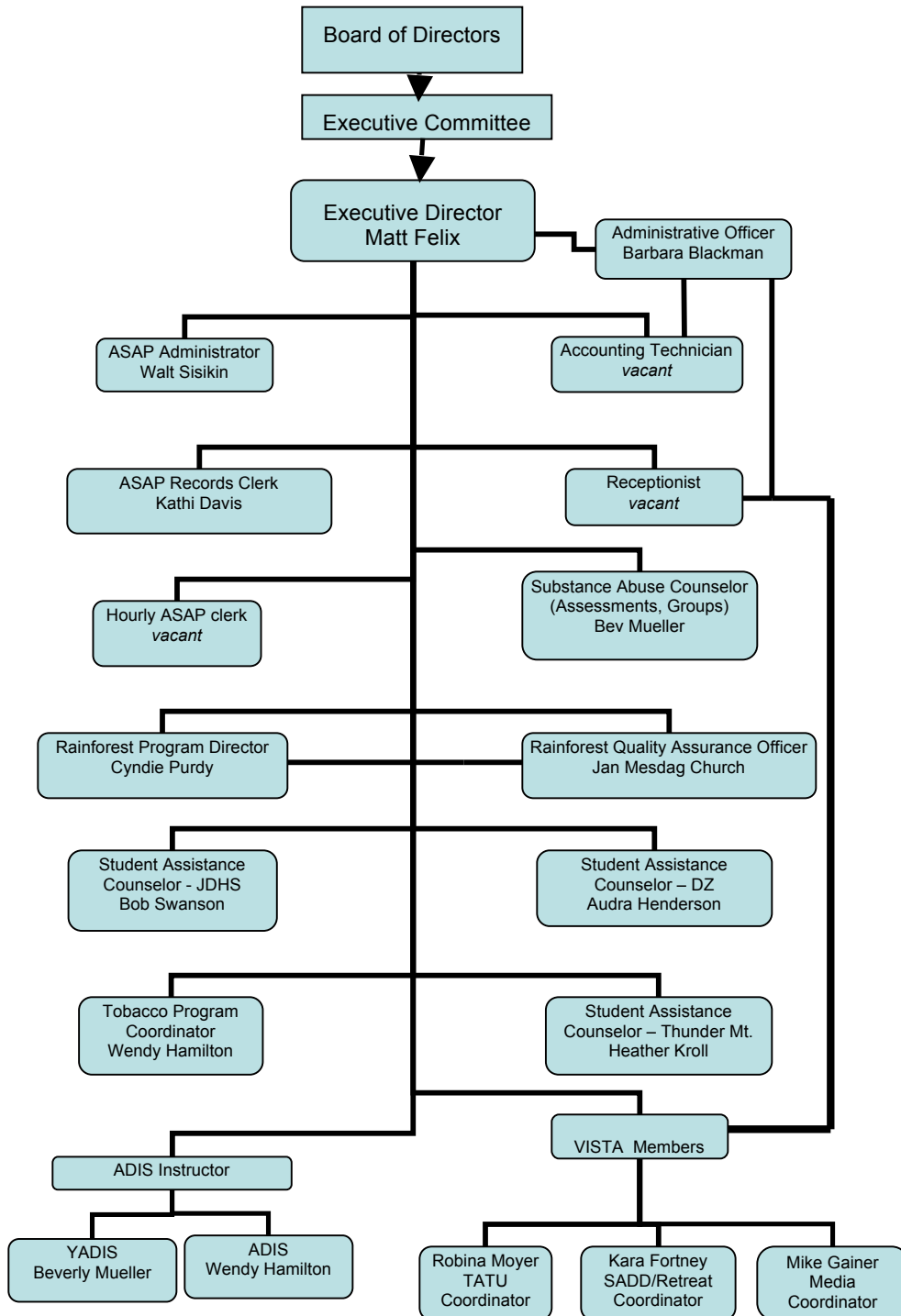
NCADD's JASAP administrator since June 2007. Walt is responsible for screening, referral and compliance monitoring of adult and adolescent clients court-ordered to JASAP for ATOD misdemeanors or violations. Before coming to NCADD, Walt was a case manager and anger management instructor at Gastineau Human Services (3.5 years), a corrections officer at the Lemon Creek Correctional Facility (8 years), and a youth counselor at Johnson Youth Center (2 years). He has also taught and tutored Russian for the state education division and UAS. He was in the California Air National guard during 1979-88. Walt holds a BA in Russian studies from California State University, Long Beach.

**Robert Swanson - School Drug and Alcohol Counselor.**

High school drug and alcohol counselor since September 2007. Bob has served as the substance abuse counselor at both Thunder Mountain High School and Juneau-Douglas High School, and provides support for Ya Koosge alternative high school and middle schools as needed. His duties include counseling services to teens and parents, drug and alcohol prevention and education presentations, smoking cessation support, and assistance with drug testing at JDHS, TMHS, and the alternative high school. Before coming to NCADD, Bob was a chemical dependency counselor and program services supervisor at Juneau Youth Services for 4 years, and a counselor/case manager at Dreams, another local chemical dependency treatment provider for 2 years. Bob has an associate degree in sales and marketing from the University of Hawaii, Hilo and has done undergraduate coursework in psychology at UAS. Bob is also a state-certified Chemical Dependency Counselor I.



# National Council on Alcoholism & Drug Dependence Organizational Chart



Updated: 09/15/10